

## Marine Corps Instructor of Water Survival Prerequisites/Prescreening Checklist

Attendees to the Marine Corps Instructor of Water Survival (MCIWS) course must complete sections 1-3 of the following checklist prior to coming to the course. Bring this checklist and all other additional paper work to the first training day.

1. Name: 

Last	First	M.I.

MOS	Phone #	Date

2. The above individual must meet the following pre-requisites in order to attend the Marine Corps Instructor of Water Survival course :

- ☐ The nominee must possess the grade of E-4 or above. (Non-waiverable)
- ☐ The nominee must be a current WSI.
- ☐ The nominee must have at least one year of obligated service time remaining.
- ☐ The nominee must possess a current Marine Corps 1st class PFT, or equivalent.
- ☐ Must be screened or recommended by a current MCIWS/MCITWS. (Fill out below)

Name: MCIWS/MCITWS	Signature	Phone #

3.Ensure the nominee brings the following administrative items to the first training day:

- ☐ Orders to attend.
- ☐ Medical record.
- ☐ A copy of BIR/BTR (Proof of current 1st class PFT and water survival certification).

4. The above individual must be able to meet these following pre-screening requirements on the first training day of the course:

- ☐ Continuously swim 500 meters utilizing 100 meters crawl stroke, 100 meters breast stroke, and 300 meters utilizing the breast or crawl stroke.
- ☐ After executing a feet first entry, swim under water 25 meters without breaking the surface.
- ☐ Utilizing the Life Saving Stroke (sidestroke), swim 50 meters while carrying a 10 lb rubber dive brick. The brick must remain out of the water for the entire 50 meters.
- ☐ In 40 seconds or less execute a feet first entry, swim 20 meters, execute a feet first surface dive and retrieve a 10 lb rubber dive brick from the bottom of the pool (minimum 10 feet) and return to the surface. The time will stop once you break the surface of the water with the brick. You will then return to the point of entry with two hands remaining in constant contact with the brick, and your face out of the water the entire time (this portion is not timed).

5. Nominees must bring UDTs, goggles, and an additional set of the green MARPAT uniform with boots for in water training. All additional gear will be provided by the sponsoring schoolhouse.

6. For any questions, contact the Marine Corps Water Survival School (MCWSS )  
at DSN: 751-0909 Comm: (910) 450-0909.

Attendee's Signature:

CO:

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Name

Signature